Taking Parental Leave?

Having or adopting a child is an exciting time, but there's so much to do and figure out, including parental leave! With Health Advocate at your side, you'll have your Personal Health Advocate available to help with healthcare and insurance issues while you're on leave, giving you more time to bond with your child.

Your Personal Health Advocate can:

- Connect you to resources to help you understand your leave rights at both the federal and state levels
- Help you coordinate leave with your employer. For example, we can help get the required paperwork and supporting information from your doctor, if needed
- Advise about adding your child to your health plan and the supporting documents required to do so
- Locate pediatricians and pediatric specialists. We'll even make the appointments and obtain referrals and prior authorizations, if needed
- Find care or services for children with special needs
- Act as an ongoing resource for you and your family

No matter what the question or issue, your Personal Health Advocate can get answers, locate resources, resolve benefits and insurance-related matters, and more.

Turn to us—we can help.

Download the app today!



866-799-2731 Email: answers@HealthAdvocate.com Web: HealthAdvocate.com/members







Remember... Eligible employees, their spouses, dependents, parents and parents-in-law can all use our confidential services.

Just call or email: answers@HealthAdvocate.com





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