



# Reproductive Urology Support for Members

Infertility affects approximately 1 in 6 couples globally. Around one-third of these cases are related to issues with sperm production or function, commonly referred to as male-factor or sperm-related infertility. Additionally, another one-third of cases are caused by both male and female reproductive issues or by unknown factors.

**At Progyny, we proudly support all members,** including those who produce sperm.

## Sperm-related infertility

This may involve issues such as:

- **Sperm production:** difficulty producing enough healthy sperm. This can sometimes be a result of a hormonal deficiency
- **Sperm motility:** challenges with the ability of sperm to swim or move efficiently
- **Sperm morphology:** Differences in the shape, appearance, or structure of sperm cells
- **Blockages:** obstructions in the reproductive tract that can prevent sperm from being ejaculated

If you're experiencing any of these concerns, consulting with a reproductive urologist may be beneficial. Contact Progyny to get connected with our in-network specialists.

## Your initial consultation:

It's common for individuals and couples to see both a reproductive endocrinologist and a reproductive urologist, who work together to help you achieve your family-building goals. Your first appointment with a reproductive urologist will involve discussing your family-building goals and may include an in-depth physical evaluation.

During this consultation, your reproductive urologist may also order additional tests to gather more information about your reproductive health. These may include hormone level assessments, ultrasound imaging, genetic testing, and sperm testing.

To ensure a thorough evaluation, be prepared to share your medical history, surgical history, family history, and any medications or supplements you're taking. If you've had previous semen analyses or recent evaluations with other physicians, bring those records with you. Before your appointment, it's a good idea to check in with your reproductive urologist's office to see if any additional preparations are needed.

## Your benefit includes:

- **Comprehensive coverage** for fertility treatments
- **Access to a network of top reproductive urologists** — experts in reproductive health for people who produce sperm
- **Unlimited support from a dedicated Progyny Care Advocates (PCA)** who will guide you through the process, ensuring that you have access to the right care, resources, and information tailored to your specific needs

**To learn more,  
contact your  
dedicated Progyny  
Care Advocate.**